



# by Drama to Dream

24TH - 31ST OF MAY 2022



Erasmus+



Co-funded by the  
Erasmus+ Programme  
of the European Union



# Participants

## DO YOU:

- like to travel?
- like to meet new people and cultures?
- do you want to learn new ways to make your work more effective?
- like to challenge yourself and try new things?

**Then this project is for you!**

**We are looking for participants who are at least 18 years old and willing to take on a new adventure!**



# PROJECT DESCRIPTION

During the project, participants will learn new methods to improve the effectiveness of their work. Participation in the training will allow to gain new knowledge that will serve to motivate youth workers to continuous development.

In addition, will also increase the level of key competencies for participants such as creativity, ability to work in a group, self-presentation, communication and self-awareness and self-confidence.



The background of the entire slide features a series of dark silhouettes of people in various dynamic, expressive poses, such as jumping, running, and gesturing. These silhouettes are set against a bright, hazy background that appears to be an outdoor setting with water and a sky. The overall aesthetic is energetic and artistic.

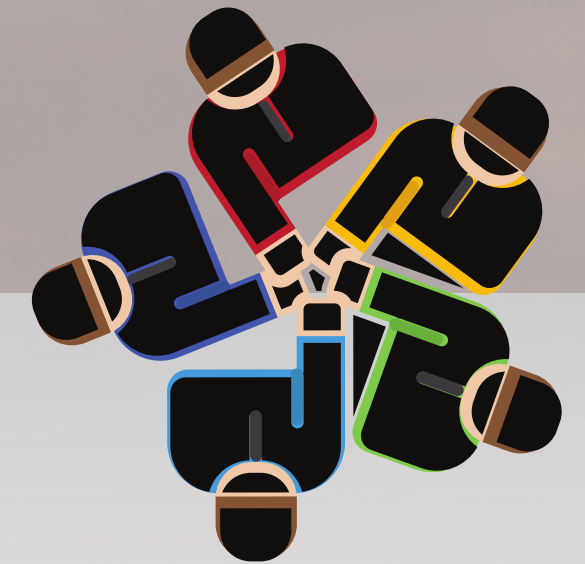
**Participation in the training will also translate into strengthening professional competences of project participants:**

- gaining and increasing knowledge about drama and drama tools that can be used in their everyday work;
- increasing the ability to practically work with specific drama tools (e.g. improvisation, role cards, simulators, image theater, elements of forum theater);
- gaining the ability to independently develop a workshop programme to build a workshop program on the basis of the drama method;

- increasing skills of working with the group by learning methods of integration, building trust in the group, overcoming resistance, increasing concentration, energy, etc.;
- improving skills of multi-level group involvement in realization of developmental goals;
- increasing freedom and flexibility in preparing lesson plans and working with groups;
- increasing competence in dealing with difficult situations connected with group work;
- getting to know new tools for evaluation and summarizing, which correspond well with drama.

# Partner Organizations

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**Hungary** - Ifjúsági Szolgáltatók Országos Szövetsége



**Portugal** - ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO



**Italy** - youth4youth



**Romania** - Asociatia Institutul de Cercetare si Studiul Constiintei Cuantice



**Poland** - Fundacja Instytut Aktywizacji i Rozwoju Społecznego

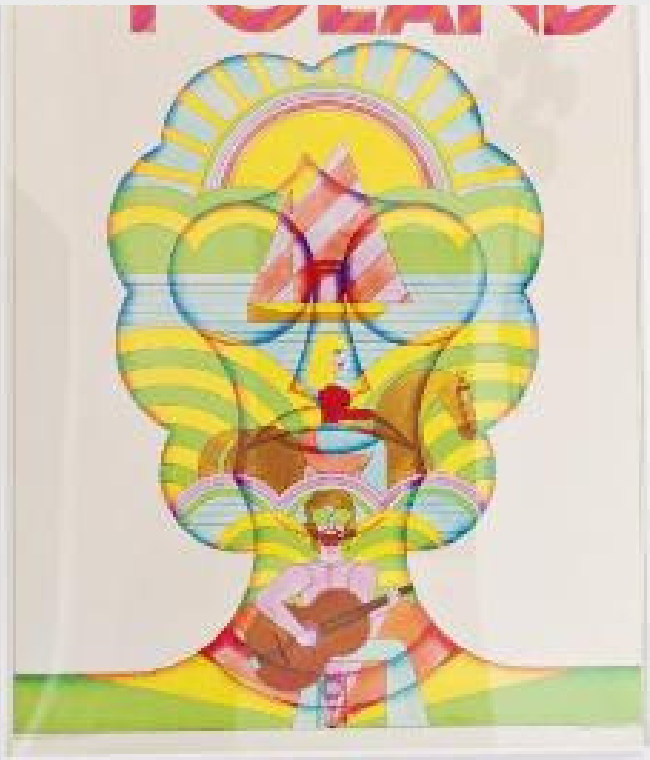
# VENUE: LUBLIN CITY

## ACCOMODATION

Participants will be accomodated in “Hostel Królewska” in the city center in international rooms for 5/6 people with common bathroom and kitchen.

Hotel night: 8pm - 11 am

Home page ([hostelkrolewska.pl](http://hostelkrolewska.pl))



# LUBLIN



Lublin, called the capital of Eastern Poland, is the largest and most rapidly developing city on the right side of the Vistula River. As the capital of Lublin Voivodeship, it plays the role of administrative, economic and cultural center of the region. Lublin's rich, seven-century-long history and multicultural connections are its special qualities. This enchanted place attracts with its unique atmosphere, rich architecture and numerous monuments.

# Travel

**To Poland** - We recommend you taking a flight to Warsaw.

**To Lublin from Warsaw** - There are many options. You can take a bus or a train, here you can find the tickets online:

## **BUSES**

- <https://en.e-podroznik.pl/>
- [Tanie podróże autobusem po Europie | FlixBus](#)
- [CONTBUS - Warszawa - Lublin, Lublin - Warszawa \(Buses Warsaw Airport - Lublin\)](#)

## **TRAIN**

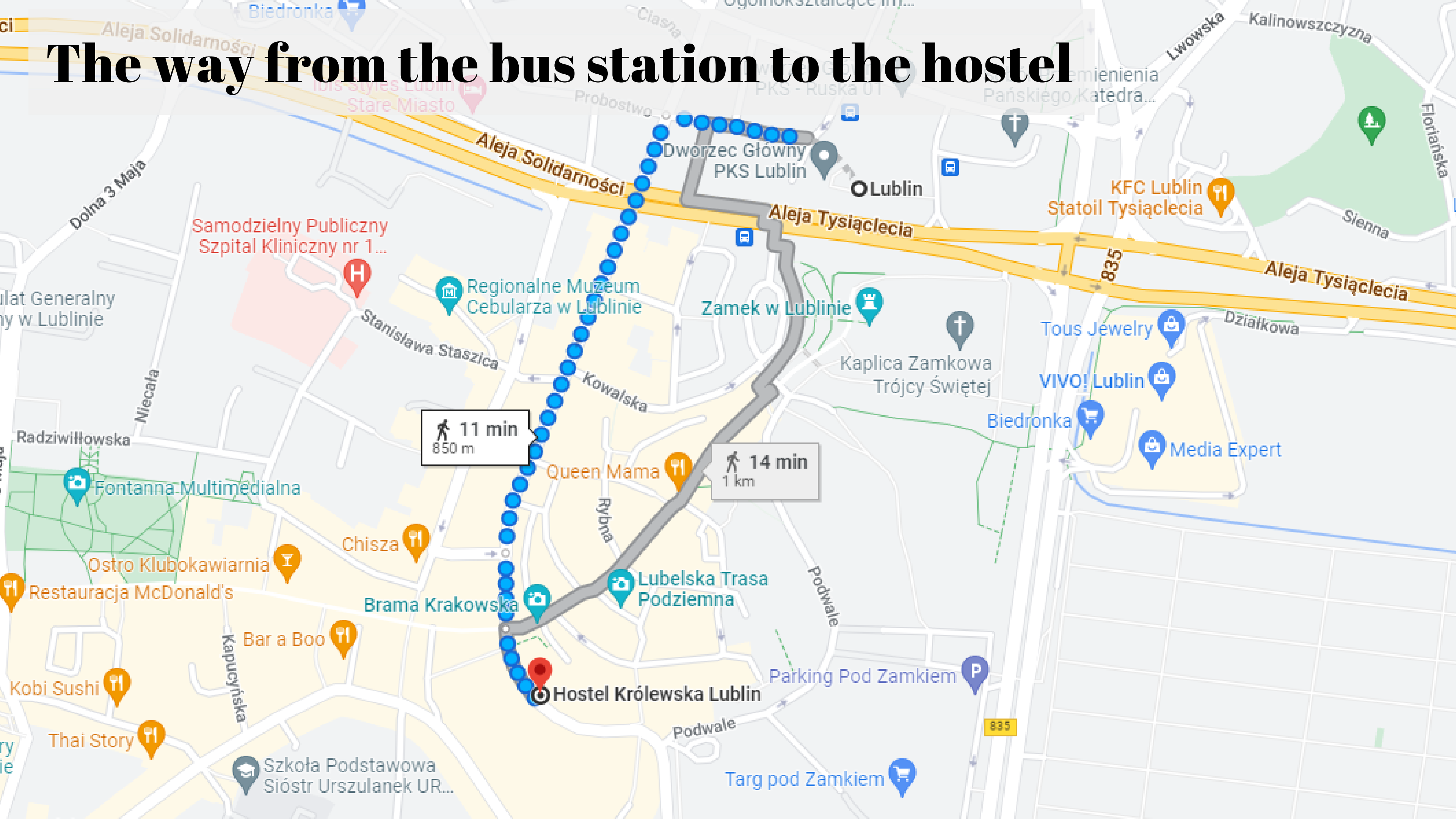
- [Z Lublina do Warszawy z PKP Intercity w niższej cenie! - www.intercity.pl](#)
- [Local transport in any city in Poland:](#)
- [Jakdojade - this website will show you how to get from place A to B in the city area \(city buses numbers, time, names of bus stops etc.\)](#)

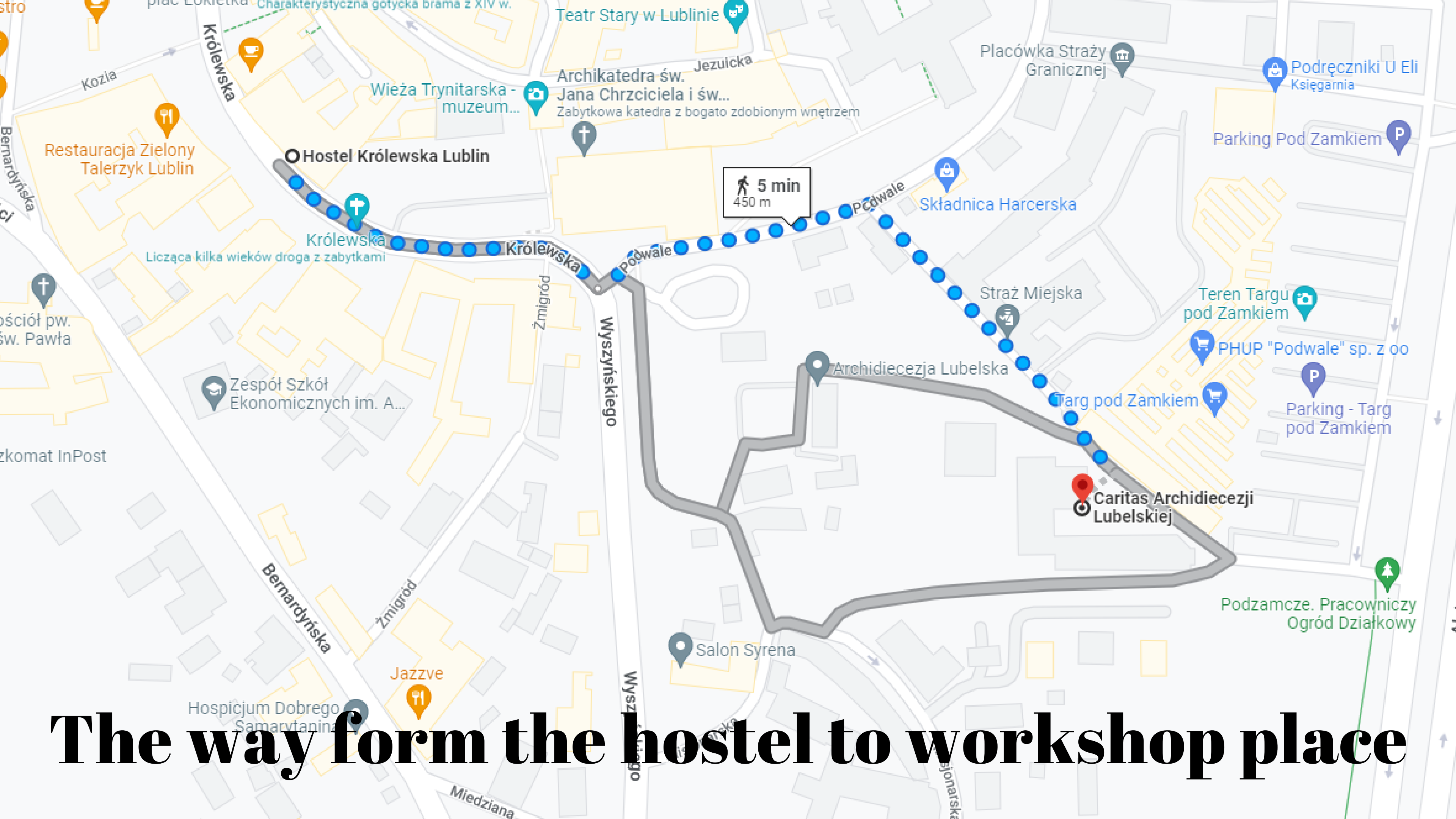
**Buy normal ticket (Normalny)**. Sometimes Polish carriers do not respect discounts and discounts for foreign students. If you need any help, feel free to ask.

The main bus station "Dworzec Główny PKS" is close to the hostel, so you can walk on foot. Getting from the main train station "Dworzec Główny PKP" to the hostel requires you to also take the city bus.



# The way from the bus station to the hostel





**The way from the hostel to workshop place**

# Covid

Due to the current situation, participants can additionally use the kitchen in the hostel for their own needs but there is no group cooking option for national evenings.

Important! We will provide basic accident insurance, but please – **bring your European Health Insurance Card with you.**

Covid restrictions are constantly changing. We will present the current information on the Facebook group – <https://www.facebook.com/groups/496533048655234>

**Feel free to join!**

	Day 0	Day 1	Day 2	Day 3
AM		Introduction. Presentation of the programme. Familiarisation session.	Exercises and games for group integration, overcoming resistance, increasing concentration, boosting energy, etc. PART I	Exercises and games for group integration, overcoming resistance, increasing concentration, boosting energy, etc. PART II
	ARRIVAL DAY	Setting the rules. Building the group.	Diagnosis of the situation (including the readiness of the group for the next stages of work) and problems/issues raised during the training or group/team coaching.	Games, activities, individual tasks, work in groups, work in pairs.
PM		Introduction to drama - what drama is and is not.	What is the role of the facilitator in drama (why knowledge of the exercise alone is not always enough and why something may not work).	Drama improvisations.
		Welcome evening - presentation of people and organisations.	Daily evaluation. Intercultural evening.	Getting to know the tools: role mantle, parallel improvisation with and without words, role swapping, role cards and stimulators, common mind and circles, body images, stepping out of roles). Theory and practical exercises.

	Day 4	Day 5	Day 6	Day 7
<b>AM</b>	How to lead discussion and debriefing to enhance drama effectiveness	Discussion of areas of application of the tools learnt and in the creation of drama based training extracts.	Final Evaluation. Auto Reflection.	
	Conflicts, problems and other complex situations	Creating lesson plans.	Youthpass session.	<b>RETURNING DAY</b>
<b>PM</b>	The city game - getting to know the city	Testing of prepared scenarios.	Final evaluation of the training - common feedback.	
	Daily evaluation.	Planning of further activities after the training. Daily evaluation.	Farewell evening.	



## **PARTICIPANTS' ROLE**

Participants will exchange knowledge and experience with each other while taking part in workshops organised for them. They will develop independently as well as together in group activities. The participants, thanks to the acquired theoretical knowledge, will also be able to freely combine new methods with those used so far, which may translate not only into increased quality and attractiveness of the activities, but also into development of innovative, effective methods.

## **GROUP LEADERS' ROLE**

Group leaders will have the added responsibility of being a person of reference for his/her national group, to be in contact with the sending and hosting organization in case of need, to attend planned meetings for group leaders during project, to support the group in all the logistic tasks. Each national team should select a group leader.

## **REIMBURSEMENT**

The travel costs will be reimbursed within the maximum amounts established by European Commission, as following:

### **Maximum travel reimbursement's amount per participant:**

Hungary: 275 EUR

Romania: 275 EUR

Portugal: 360 EUR

Italy: 275 EUR

The reimbursement will be done in presence of ALL travel bills and documents, please keep your travel tickets and boarding passes.

Participants who will skip sessions will not be reimbursed.

**Please send your ticket purchases to [f.pochron@iairs.pl](mailto:f.pochron@iairs.pl) by **20.04.2022** with the title: **tickets.drama.name.surname.country****



**Faustyna Pochroń**

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**Fundacja Instytut Aktywizacji  
i Rozwoju Społecznego |**

**Facebook**

**www.iairs.pl**

**CONTACT**



SEE  
YOU  
SOON!

