

*INFOPACK*

# IDENTITY & CHANGE:

## The story of youth work in a changing world

20  
22



# ABOUT THE TRAINING COURSE

## INTRODUCTION

The main aim of Gamma Institute training courses in 2022 is to create the consciousness of youth workers identity and to define their professional role in the NGO area, in order to work together better in a multicultural context and to become more motivated in take initiatives in elaborating new projects and activities for youth.

The first TC will be **Identity and Change: The story of youth work in a changing world** and will have the following topics:

- teambuilding of youth workers from different NGOs in Europe with experience in Erasmus+ projects, in order to improve their work together as an european network, in their projects and activities for youth
- needs & challenges of youth in the actual context (with post-pandemic and war)
- youth work principles in Erasmus+ projects and youth workers identity (elements, how to define it and develop it on long term, inside an organisation)
- innovative methodology in working with youth - main principles on group dynamic and facilitation.



# ACTIVITIES

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## TRAINING COURSE "IDENTITY & CHANGE" – IASI (ROMANIA)

**19th – 25th of June 2022**

**GROUP: YOUTH WORKERS**

Romania – 4 youth workers

Italy – 3 youth workers

Portugal – 3 youth workers

Cyprus – 3 youth workers

Spain – 3 youth workers

Poland – 4 youth workers

Turkey – 3 youth workers

### **FOLLOW-UP ACTIVITIES:**

- Each national team will organize a workshop using some of the activities learned during the training course or another kind of activity of dissemination of the achieved competencies.
  - All the participants and partners will collaborate for elaborating a brochure that can be used by youth workers in their daily activities with the topics of therapeutic metaphor and narrative approach.
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# LOCATION & LOGISTIC DETAILS



Iasi, Romanian's second largest city after Bucharest in terms of number of inhabitants, is considered the economic, cultural and academic centre of the Nord-East region. This city is renowned due to it being the first Romanian city that had a university and a local newspaper. This city is also associated with culture as the first theatre show in Romania was played here, and there are many museums, memorial houses and historical places. In fact, it is said that Iasi as a whole is a true national museum and treasure trove because of its cultural and historical significance in the context of Romania's history, at one point during the First World War even being the capital of the country.

The city is known as a green space with numerous linden plantations, which are considered to be the symbol of the city and numerous specimens of silver linden are found in the city's streets and parks. Iasi is also home to some of Romania's most picturesque parks.

## ACCOMODATION AND TRAINING LOCATION

The accommodation assured for the participants of this training course will be in a hotel in the city center of Iasi, in rooms of 2-4 people/room, with breakfast included.

The training activities and some of the evening activities will be organized in a training room with all the needed equipment and coffee breaks.

# ACTIVITIES & PARTICIPANTS

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### PARTICIPANTS PROFILE:

- age over 18 years old
- residency in one of the partner countries
- youth worker or person who is working/ volunteering with other people (especially with youth)
- the availability to participate during all the training course in Iasi, Romania



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# TIMETABLE

Sunday, 19.06.2022	ARRIVAL DAY
MONDAY, 20.06.2022	DAY 1
AM	Introduction. Knowing each other exercises
	Setting group rules; Presentation of the project, activities and Erasmus+ programme
PM	The story of youth work - introduction
	Organisations presentation
PM	Welcome evening
TUESDAY, 21.06.2022	DAY 2
AM	Me, myself & my work - the story of my career
	Working with people - who am I in this context?
PM	The change - what it is and how I experienced it?
	Reflection time
PM	Intercultural evening
WEDNESDAY, 22.06.2022	DAY 3
AM	The systemic thinking - main concepts
	Youth work - an unique context for change perspectives & personal development
PM	Team building activity in the nature
	Reflection time

# TIMETABLE

THURSDAY, 23.06.2022	DAY 4
AM	How to organize a changing process - the journey of the facilitator in the content's world
	Creating connections - how the facilitator's professional identity influences the group of youth
PM	Innovative methods for group dynamic
	Reflection time
PM	Informal activities design - experiencing the Surprise evenings

FRIDAY, 24.06.2022	DAY 5
AM	Activity design - how to implement the change
	Identity & Change - integration in the NGO's context
PM	Reflection time & Evaluation
	Youthpass Certificate & CELEBRATION
PM	FAREWELL EVENING

SATURDAY, 25.06.2022	RETURNING DAY
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# OTHER LOGISTIC DETAILS

## TRAVEL TO IASI, ROMANIA

Iasi has an airport, so we recommend you to take a flight directly to Iasi. From the airport to the accommodation, you can take a taxi (+40 232 217 217 - you can ask for a taxi with credit card payment), a Bolt or an Uber. The average price for the route from airport to the city center (where the accommodation will be) is almost 30 lei (6 euro).

## CURRENCY

The currency in Romania is RON (Lei) and you can exchange money near the accommodation (in the city center) or in the Bucharest airport (if you land there). But in most of the cases you can use the credit card (even in public transportation).

## COVID-19 SITUATION

In Romania, we don't have restrictions anymore, but we will update you with 2 weeks before. The masks are not mandatory (not even inside), but are recommended in crowded places.

## TRAVEL COSTS

The reimbursement of the travel costs will be made after returning home and according to the documents (invoices, boarding passes).

Italy, Poland, Turkey, Cyprus - 275 euro

Spain, Portugal - 360 euro







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