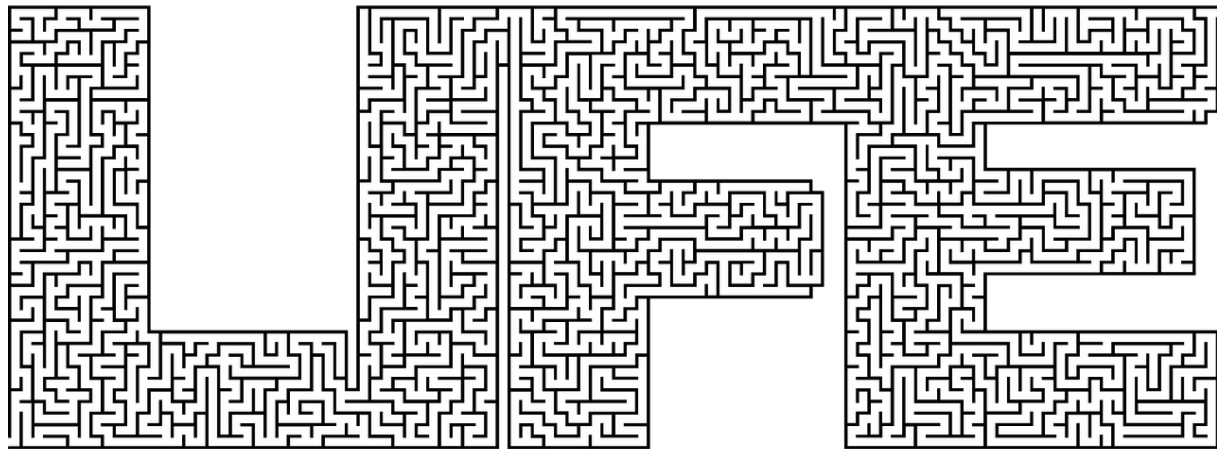




With the support of the Erasmus+ Programme of the European Union

THE MAZE OF CHANGE



NON-FORMAL EDUCATION TRAINING COURSE FOR YOUTH WORKERS

VIRTUAL MOBILITY!

STARTING:

28TH OF JUNE 2021

Re-writing life stories
Stories matter



THE MAZE OF CHANGE

The main goal of the project "**The Maze of Change: Nonformal education for re-writing life stories**" is to increase the quality of services offered to young people in situations of major personal and social change and adapt non-formal methods to unforeseen situations at the macro social level.

This goal will be achieved through **2 specific objectives**:

O1. Developing the skills of 18 youth workers from 6 European organizations, to help young people cope with the process of losing the imagined future, by developing the ability to create positive, proactive and implementable life scenarios in the immediate future, even in the condition a stressful social context, through innovative non-formal learning methods, such as therapeutic metaphor and narrative approach.

O2. Improving the quality of personal development programs for young people, by developing an innovative work methodology, therapeutic metaphor and other non-formal learning methods, leading to a much faster adaptation of young people to unforeseen life situations and flexibility in managing plans on a personal and professional level.



TIME
FOR
CHANGE



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GAMA INSTITUTE
Sănătate, Educație, Cercetare

THE MAZE OF CHANGE



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fundación
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INSTITUTE OF
ANIMATION AND
SOCIAL
DEVELOPMENT

PARTNERS:

Coordinator:

AICSCC – Gamma Institute (Romania)

www.gammainstitute.ro



ROSTO
SOLIDÁRIO

Organização Não Governamental para o Desenvolvimento



Partners:

Rosto Solidario (Portugal)

ASPAYM Castilla y Leon (Spain)

GENCLIK ICIN GENCLERLE DERNEGI (Turkey)

ASPAYM Castilla y Leon (Spain)

Institute for Animation and Social Development (Poland)

Dione Youth Organization (Cyprus)



THE PROJECT IS SUPPORTED BY: Erasmus+, KA1: Mobility of Individuals, Romania National Agency. You could find more information about Erasmus + Programme in: www.ec.europa.eu/programmes/erasmus-plus/index_pt.htm



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"The Maze of Change"

Training Course for Youth Workers

ACTIVITIES:

1. TRAINING COURSE "MAZE OF CHANGE" - IASI (ROMANIA), 28TH – 8TH OF JULY 2021 - 8 WORKING DAYS

GROUP: YOUTH WORKERS

Romania – 3 youth workers;

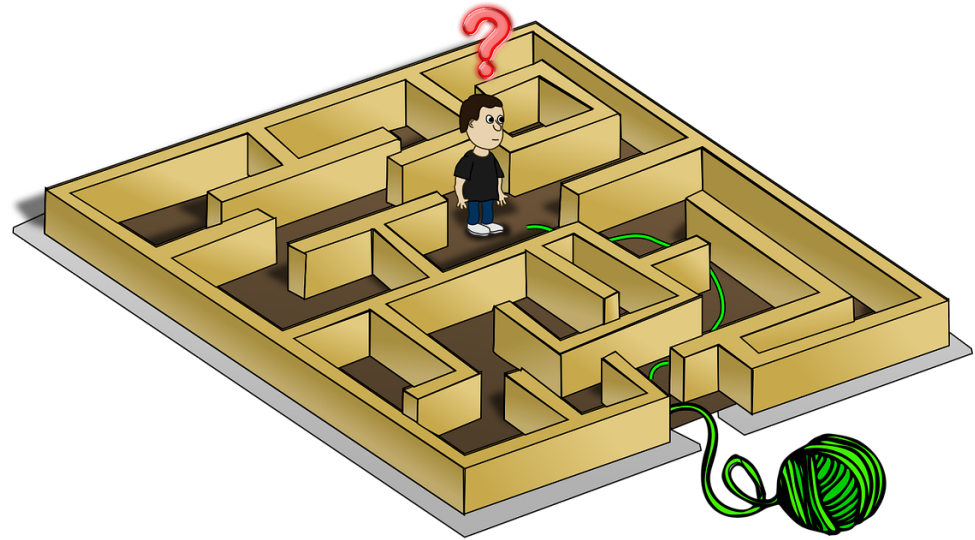
Portugal – 3 youth workers;

Cyprus – 3 youth workers;

Spain – 3 youth workers

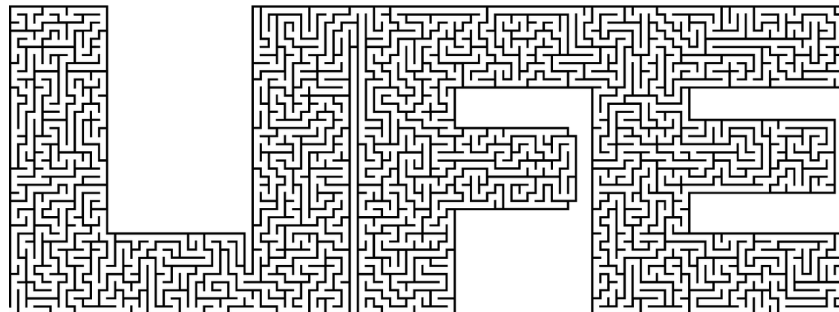
Poland – 3 youth workers

Turkey – 3 youth workers



2. FOLLOW-UP ACTIVITIES:

- Each national team will organize a workshop (online or face to face) using some of the activities learned during the training course
- All the participants and partners will collaborate for elaborating a brochure that can be used by youth workers in their daily activities with the topics of therapeutic metaphor and narrative approach.



"The Maze of Change"

Training Course Program

Part 1: 28th June – 1st July 2021

DAY 1, MONDAY, 28TH JUNE

12.00 - 12.45: Knowing each other

12.45 - 13.00: Presentation of the Erasmus+ program & Maze of Change project

13.00 - 13.10: Break

13.10 - 14.00: Youthpass Certificate & Youth Worker's Identity

14.00 - 15.00: Lunch Break

15.00 - 15.50: Face the Change I - Actual context challenges

15.50 - 16.00: Break

16.00 - 17.00: Face the Change II

DAY 2, TUESDAY, 29TH JUNE

12.00 - 14.00: The "past future"

14.00 - 15.00: Lunch Break

15.00 - 16.30: The big change - thoughts, emotions, decisions, actions

16.30 - 17.00: Reflection time

**EACH SESSION WILL LAST 2 HOURS, BUT WE WILL HAVE SHORT BREAKS - AS IN DAY 1*

DAY 3, WEDNESDAY, 30TH JUNE

12.00 - 14.00: The story of change I

14.00 - 15.00: Lunch Break

15.00 - 16.30: The story of change II

16.30 - 17.00: Reflection time

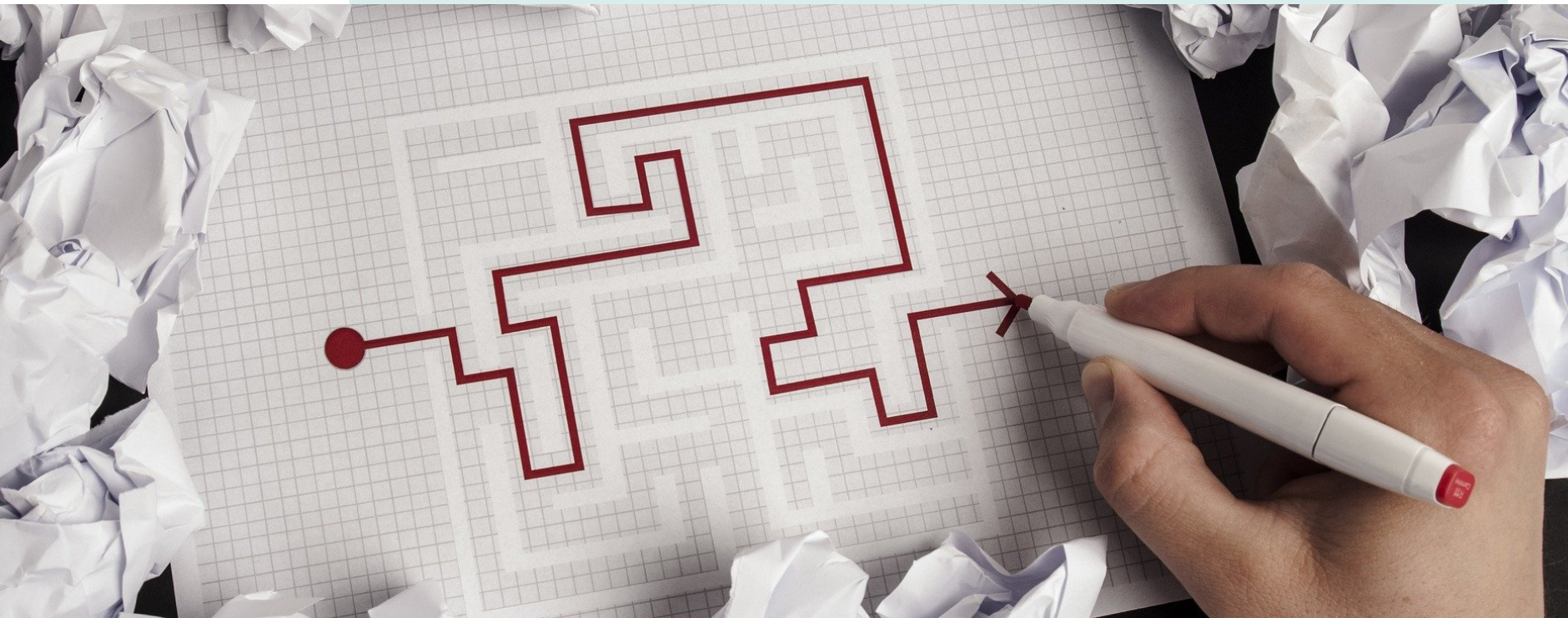
DAY 4, THURSDAY, 1ST JULY

12.00 - 14.00: Metaphors and stories

14.00 - 15.00: Lunch Break

15.00 - 16.30: Organisation's Fair

16.30 - 17.00: Reflection time



Part 2: 5th July – 8th July 2021

DAY 5, MONDAY, 5TH JULY

12.00 - 14.00: Worse case scenario I
14.00 - 15.00: Lunch Break
15:00 - 16.30: It's just a scenario
16.30 - 17.00: Reflection time

DAY 6, TUESDAY, 6TH JULY

12.00 - 14.00: Alternative stories of my life
14.00 - 15.00: Lunch Break
15:00 - 16.30: Alternative stories and youth
16.30 - 17.00: Reflection time

DAY 7, WEDNESDAY, 7TH JULY

12.00 - 14.00: The maze of change I
14.00 - 15.00: Lunch Break
15:00 - 16.30: The maze of change II
16.30 - 17.00: Reflection time

DAY 8, THURSDAY, 8TH JULY

12.00 - 14.00: The Maze of change Toolkit
14.00 - 15.00: Lunch Break
15:00 - 15.30: Final reflection time
15.30 - 17.00: Giving forward the change.
Youthpass & celebration

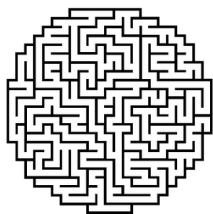
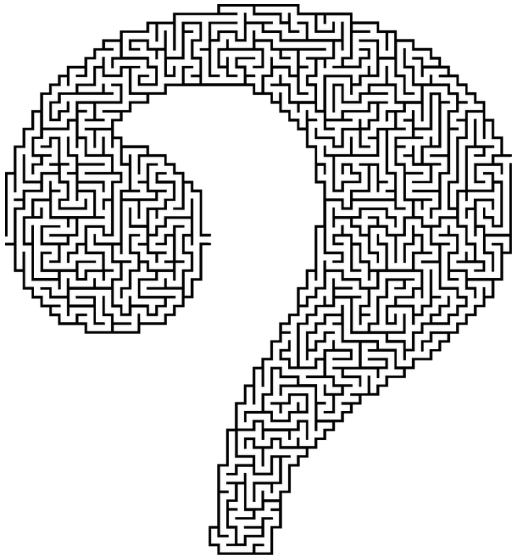
"The Maze of Change" Training Course for Youth Workers



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PARTICIPANTS PROFILE:

- Age: min 18 years old
- English: medium/advanced level
- Studies: psychology, sociology, social assistance, public relations, literature, arts, communication and International/European studies etc.



TRAINERS



DIANA LAURA CIUBOTARU

Gamma Institute president, psychologist, systemic psychotherapist for family and couple, supervisor and personal development trainer, with over 20 years experience in the field of psychology and personal development. She has experience in European projects since the first projects funded in Romania, acting as a national multiplier of Youth in Action program. In Gamma Projects, acts as project manager, trainer, facilitator, researcher and coordinates the integration between the 3 departments of the organization, so that the Gamma values (connection, tolerance, creation, love, integration, compassion, evolution and impeccability) in order to infuse all the activities undertaken, producing the desired change in everyone's life people involved in the community.



RALUCA FERCHIU

Gamma Projects coordinator, psychologist, systemic psychotherapist for family and couple, trainer, facilitator and youth worker. In the 11 years of experience in carrying out European projects, she has been active as a career guidance counselor for young people, youth worker, researcher, facilitator, youth leader and project's coordinator. She works at Gamma Institute as a psychotherapist, trainer, coordinator of youth activities and projects. In project writing work, coordination of activities for young people and the process of personal development is guided by the principle of integrating non-formal methods and art in all its forms, for creating a healthy lifestyle.

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CONTACT US FOR MORE DETAILS:

Gamma Institute - Romania
contact@gammainstitute.ro

Phone/ Whatsapp:
+40 741 093 131

www.gammainstitute.ro

